





**Amigas**

August 2016  
Volume 1, Issue 1



**AV Girls**



*"I will give thanks and praise to You, for I am fearfully and wonderfully made ... " Psalm 139:4*

## Discontent is Disgusting

by Hayley Dimarco

*"They ate more than enough. He gave them what they wanted, but they still wanted more." Psalm 78.29-30"*


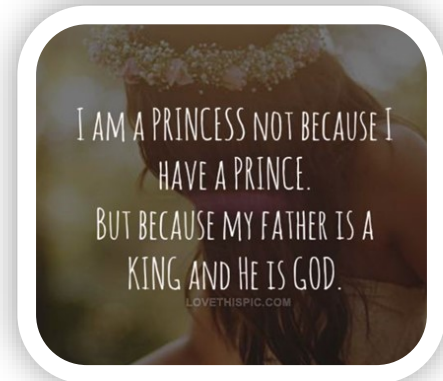
Are you ever satisfied? Do you ever have enough? Or is there always something more you want or think you need? It's easy to see all the world has to offer and to have a continual wish list. "I want this, and this, and that..." and the list goes on and on. But what does all this wanting say about you? And what does it sound like to the ears of God?

In the desert, the Israelites complained because they were tired of just eating mana all day every day, so God dropped all kinds of birds out of heaven for them to eat. But then they were bored with just birds and bread and wanted something different, and God got mad.

Discontent is disgusting. How awful it must feel to give and give and continually hear "That's just not enough." Seems like if that happened to you, eventually you'd just want to give up trying -after all, the person is never going to be satisfied. But when you love God and you know the lengths he went in order to save you, you start to realize that you don't deserve anything but he has given you everything. Discontentment only becomes a problem when you get your head stuck in the world and lose your focus back on the big picture and the things that really matter, all fades away into the background.

If you want to be free of the wanting and not getting, quit looking in front of you and start looking up. Forget what your eyes, ears, and mouth want and go after what your souls needs. When you do, God will be right there ready to give it to you.

As Friends, we will be committed to Jesus Christ our Lord, Christian values, family, friends and church; promising to encourage and provide accountability to one another.



**DIRECT TO YOUR HEART**

God will not reject you: Psalm 9:10

You will find Him: Deuteronomy 4:29

God will heal and forgive: 2 Chronicles 7:14

You will lack no good thing: Psalm 34:10

God will bless you: Psalm 119:2

God will reward you: Hebrews 11:6

**Teen Girls Meetings every Friday after the devotional (Ages 10-14)**

## Dealing with Bullying (from HelpGuide.org)

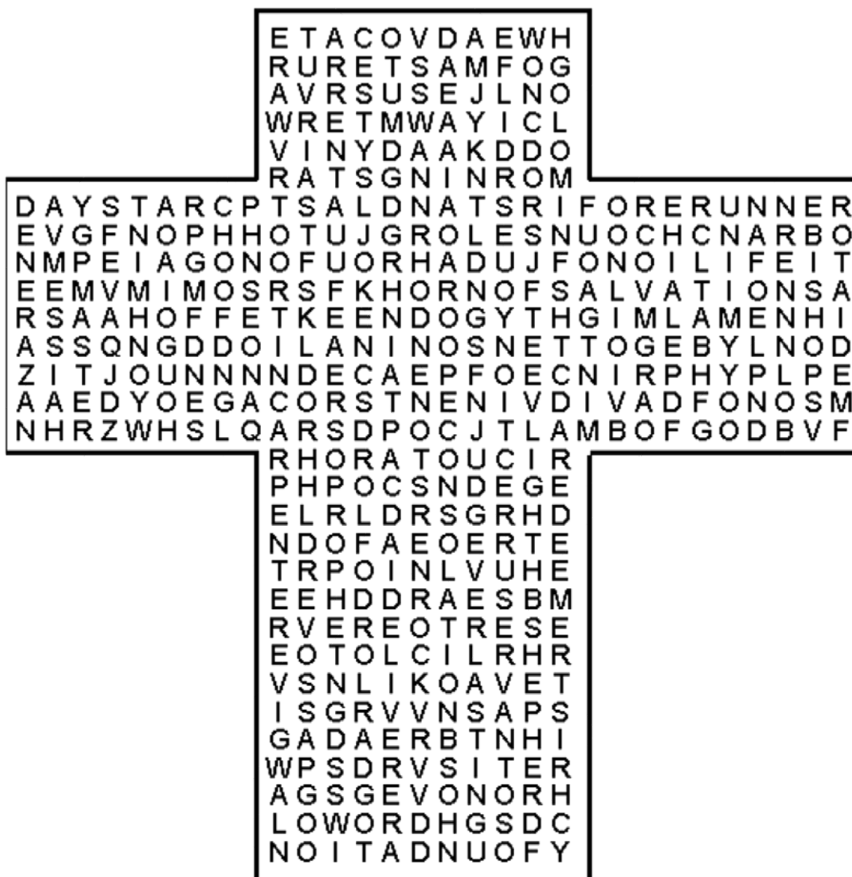
1. Walk away from the bully. Bullies want to know they have control over your emotions so don't react with anger or retaliate with physical force.
2. Protect yourself.
3. Report the bullying to a trusted adult.
4. Repeat as necessary.



Do you forget all the time which key is the right one?  
Try this!



## But Whom Do You Say That I AM?



Advocate  
Almighty  
Alpha and Omega  
Amen  
Apostle  
Beloved Son  
Bishop  
Branch  
Bread  
Captain  
Carpenter  
Chosen  
Christ  
Consolation  
Cornerstone  
Counselor  
Day Star  
Deliverer

Door  
Emmanuel  
Everlasting  
Faithful and True  
First and Last  
Forerunner  
Foundation  
Governor  
Head  
High Priest  
Holy and Just One  
Horn of Salvation  
I AM  
Jesus  
Judge  
King  
King of Kings  
Lamb of God

Lawgiver  
Life  
Light  
Lion of Judah  
Lord  
Lord of Lords  
Master  
Master  
Mediator  
Messiah  
Mighty God  
Morning Star  
Nazarene  
Only Begotten Son  
Passover  
Priest  
Prince of Peace  
Prophet

Redeemer  
Resurrection  
Rock  
Savior  
Servant  
Shepherd  
Son of David  
Son of God  
Son of Man  
Vine  
Way  
Wonderful  
Word

## AV GIRLS throwbacks!



Jenny's Farewell



Carissa's Birthday